



SCOOP BALL - ACTIVITY IDEAS

JUNIOR SOF-CROSSE

Scoop ball sets are a cheaper and easier to use version of the sof-crosse stick. Similar rules to those used in sof-crosse can be employed using the scoop ball sets.

SCOOP BALL SOFTBALL

- Two teams of even numbers. One begins fielding, the other is scooping.
 - The field is set up like a softball diamond
 - The scooping team, one at a time, stands at home plate and scoops the ball as far as possible, away from the fielding team
 - The scooper runs the bases, scoring a point as each base is passed (a home run is worth 4 points)
 - At the same time the fielding team scoops the ball up and scoop passes it back to the catcher.
 - The fielding team can not move when they have the ball.
 - Once the ball reaches the catcher a whistle is blown and the scooper stops running the bases.
- His/her point score is added to the rest of the team.
- Teams swap when all members of the scooping team have scooped.

KEEPING OFF

An alternative idea to the traditional game of keepings off, where students generally use a ball and throw it to each other. Will take some time perfect, but will assist in the development of eye hand coordination.

THROW & CATCH

Scoop sets are a popular alternative in the development of throwing and catching skills. Ball can also be delivered to your partner on the bounce. Using an outside agency, such as a scoop ball set can improve both skill and motivation.

SCOOP BALL ARCHERY

- Draw up a target on a wall, or use an existing target.
- Students have three arrows (balls) each to score as many points as possible.
- The highest score wins.

Nyda Scoop Ball Set

Code: 62SB

- 1 Pair of plastic scoops
- 1 Ball